

## all day breakfast

turmeric bircher 1027k (V) (GF)	\$11.9
smashed avocado 2384kj (V)	\$13.9
bacon & eggs 2508kj	\$12.9
breakfast plate 3570kj	\$18.9
corn & broccoli fritters 2589kj (V)	\$15.9
pancake stack 5727kj (V)	\$14.9

see our  
table menu  
for full  
descriptions

eggs benedict back to basics 3412kj	\$12.9
add your protein bacon / grilled halloumi / chorizo / grilled field mushroom / smoked salmon	from \$5.0

bacon & egg waffles 6443kj	\$16.9
banana acai bowl 2212kj (V) (GF)	\$15.9
vego breakfast 2273kj (V)	\$16.9
mushroom & halloumi with pesto 2787kj (V)	\$15.9
vegetable omelette 2823kj (V)	\$15.9

### breakfast extras add even more deliciousness

bacon (2 rashers) 1398kj (GF)	\$5.0	chipolatas (2) 1001kj (GF)	\$5.0
chorizo 1903kj (GF)	\$5.0	extra egg 407kj (GF)	\$2.0
grilled halloumi 1050kj (V) (GF)	\$5.0	smashed avocado 887kj (V) (GF)	\$5.0
hash brown 495kj (V)	\$2.5	smoked salmon 448kj (GF)	\$6.0
grilled field mushroom 155kj (V) (GF)	\$5.0	grilled roma tomato 448kj (GF)	\$4.0

## KIDS' MENU

kids' drink and activity pack  
included, 12 years and under

pancakes, maple syrup, ice cream 2541kj (V)	\$9.9		
scrambled eggs on toast 1105kj	\$9.9		
avocado on toast 906kj (V)	\$9.9		
chicken nuggets & chips + sauce 2268kj	\$9.9		
bambini cheese pizza + napoli 1711kj (V)	\$9.9		
bambini polpette fettuccine 2051kj	\$9.9		
fairly bread 1217kj (V) (kids pack not included)	\$3.0		
kids drinks			
babycino 258kj	\$1.0	plain milk 586kj	\$2.0
kids' milkshake from 1344kj	\$3.9	fruit drink 463kj	\$3.0
		bubbagum babycino 163kj	\$2.5

### \* something sweet?

See the cabinet for today's cakes, slices, cookies and more...

## salads back to basics

choose your base	
summer salad 915kj (V) (GF)	\$10.9
caesar 2033kj	\$12.9
roasted pumpkin & chickpea 1708kj (V) (GF)	\$13.9
cauliflower & broccoli 1764kj (V) (GF)	\$13.9
smoked salmon & broccoli slaw 1650kj (GF)	\$17.9
add your protein	from
bacon / grilled halloumi / chorizo / sliced chicken breast / smoked salmon	\$5.0

### extras build your meal the way you like it

side of chips 1001kj (V)	\$3.0	smashed avocado 887kj (V) (GF)	\$5.0
bowl of chips with aioli 3163kj (V)	\$8.0	grilled halloumi 1050kj (V) (GF)	\$5.0
garlic bread 1510kj (V)	\$5.0	chorizo 1903kj (GF)	\$5.0
sliced chicken breast 637kj (GF)	\$5.0	smoked salmon 448kj (GF)	\$6.0
bacon (2 rashers) 1398kj (GF)	\$5.0		

## meals

fish & chips 2960kj	\$16.9	lemon pepper calamari 3142kj	\$14.9
classic bruschetta 2581kj (V)	\$13.9	pollo parmigiana 3270kj	\$16.9
		neptune pollo 4151kj	\$22.9

## burgers & sandwiches

beef burger 3540kj	\$14.9	vege burger 3506kj (V)	\$13.9
chicken & bacon sandwich 2401kj	\$14.9	chicken burger 2910kj	\$14.9
steak sandwich 2707kj	\$15.9	lamb pita wrap 2613kj	\$13.9

## pizzas & pasta

hand stretched pizzas			
bbq pollo 3713kj	\$13.9	polpette 4248kj	\$15.9
calamari chorizo 4568kj	\$15.9	pesto patata 4558kj (V)	\$14.9
carne 4043kj	\$14.9	fungi 4176kj	\$16.9

### pasta

gamberi fettuccine 2533kj	\$17.9
polpette fettuccine 3219kj	\$16.9
vegetale fettuccine 3655kj (V)	\$16.9
pesto pollo fettuccine 4288kj	\$16.9

## hot drinks regular

espresso 0kj (L)	\$3.0	mocha 854kj	\$4.0
long black 0kj (L)	\$3.5	tea 88kj (L)	\$4.0
short macchiato 30kj	\$3.5	chai latte 863kj	\$4.0
long macchiato 46kj	\$4.0	dirty chai latte 834kj	\$4.5
piccolo 149kj	\$3.5	popcorn latte 1128kj	\$4.5
cappuccino / flat white / latte 487kj	\$4.0	lavender white choc 1408kj	\$4.5
hot choc dark / white 941kj	\$4.0	turmeric latte 680kj	\$4.5

### extras your drink, just the way you love it!

upsized large	\$0.5	almond milk 180kj (L)	\$0.5
upsized grande	\$1.0	extra shot 0kj (L)	\$0.5
soy milk 343kj (L)	\$0.5	syrops from 385kj (L)	\$0.6
zylil 486kj (L)	\$0.5	ask at the counter for syrops available	

## cold drinks

house-made soda punch (L) fresh fruit + flavoured soda water + ice \$5.9  
strawberry lemonade / pink grapefruit / blueberry lavender /  
blood orange / lychee lemonade from 336kj

real fruit smoothies (L) from 783kj fruit juice + fresh fruit + blended ice \$7.9  
anguria / tropicale / bacca / verde

iced ice cream + cream + chocolate flakes \$6.9  
chocolate / coffee / mocha / strawberry / vanilla / caramel / chai from 1825kj

over ice poured over ice cubes \$5.0  
latte / mocha / long black / chai from 674kj

frappés blended ice (L) \$6.9  
mango / tropical / coffee / chocolate / mocha / chai / white choc /  
caramel from 1071kj

gourmet shakes blended ice + milk + ice cream \$6.9  
chocolate crunch / vanilla marshmallow / salted caramel / lychee rose /  
strawberry hubba bubba from 2488kj

classic shakes blended milk & ice cream \$5.9  
chocolate / caramel / strawberry / vanilla / coffee / mocha from 1454kj

juice by the glass (L) orange / apple / pineapple from 501kj \$4.5

spider soft drink + vanilla ice cream pepsi / lemonade from 983kj \$6.9

bottled drinks please see cold drinks display fridge for options from \$3.9

### extras your drink, but even more delicious!

soy milk 343kj (L)	\$0.5	add ice cream 433kj	\$1.0
zylil 486kj (L)	\$0.5	syrops from 385kj (L)	\$0.6
almond milk 180kj (L)	\$0.5	ask at the counter for syrops available	
add cream 345kj	\$1.0		

(V) vegetarian / (GF) gluten friendly / (L) lactose friendly

The average adult daily energy intake is 8700kj