

all day breakfast

turmeric bircher 1027k (V) (GF)	\$14.9
smashed avocado 2384kj (V)	\$15.9
bacon & eggs 2508kj	\$14.9
breakfast plate 3570kj	\$19.9
corn & broccoli fritters 2589kj (V)	\$15.9
pancake stack 5727kj (V)	\$16.9

see our
table menu
for full
descriptions

eggs benedict back to basics 3412kj	\$12.9
add your protein	from
bacon / grilled halloumi / chorizo / grilled field mushroom / smoked salmon	\$5.0

vego breakfast 2273kj (V)	\$16.9
bacon & egg pancakes 5106kj	\$16.9
mushroom & halloumi with pesto 2787kj (V)	\$16.9
ham, cheese & tomato omelette 3159kj	\$16.9
banana acai bowl 2212kj	\$16.9

breakfast extras add even more deliciousness

bacon (2 rashers) 1398kj (GF)	\$5.0	chipolatas (2) 1001kj (GF)	\$5.0
chorizo 1903kj (GF)	\$5.0	extra egg 407kj (GF)	\$2.0
grilled halloumi 1050kj (V) (GF)	\$5.0	smashed avocado 887kj (V) (GF)	\$5.0
hash brown 495kj (V)	\$2.0	smoked salmon 448kj (GF)	\$6.0
grilled field mushroom 155kj (V) (GF)	\$5.0	warm hollandaise 1524kj (GF)	\$5.0

KIDS' MENU

kids' drink and activity pack included, 12 years and under

pancakes, maple syrup, ice cream 2541kj (V)	\$10.9
scrambled eggs on toast 1105kj	\$10.9
avocado on toast 906kj (V)	\$10.9
chicken nuggets & chips + sauce 2268kj	\$10.9
bambini cheese pizza + napoli 1711kj (V)	\$10.9
fairly bread 1217kj (V) (kids pack not included)	\$5.0

kids drinks

babycino 258kj	\$1.0	plain milk 586kj	\$3.0
kids' milkshake from 1344kj	\$4.0	fruit drink 463kj	\$3.0
		bubbagum babycino 163kj	\$2.5

* something sweet?

See the cabinet for today's cakes, slices, cookies and more...

salads back to basics

choose your base	
summer salad 915kj (V) (GF)	\$10.9
caesar 2033kj	\$14.9
roasted pumpkin & chickpea 1708kj (V) (GF)	\$14.9
smoked salmon & broccoli slaw 1650kj (GF)	\$16.9
chicken, pesto & potato 2272kj (GF)	\$14.9
add your protein	from
bacon / grilled halloumi / chorizo / sliced chicken breast / smoked salmon / marinated lamb	\$5.0

extras build your meal the way you like it

side of chips 1001kj (V)	\$3.0	smashed avocado 887kj (V) (GF)	\$5.0
bowl of chips with aioli 3163kj (V)	\$9.9	smoked salmon 448kj (GF)	\$6.0
garlic bread 1510kj (V)	\$5.0	marinated lamb 581kj (GF)	\$5.0
sliced chicken breast 637kj (GF)	\$5.0	chorizo 1903kj (GF)	\$5.0
bacon (2 rashers) 1398kj (GF)	\$5.0	grilled halloumi 1050kj (V) (GF)	\$5.0

meals

fish & chips 2960kj	\$16.9	pollo parmigiana 3270kj	\$17.9
classic bruschetta 2581kj (V)	\$14.9	smoked salmon bruschetta 2298kj	\$16.9
lemon pepper calamari 3142kj	\$15.9	neptune pollo 4151kj	\$22.9

burgers & sandwiches

beef burger 3540kj	\$16.9	vege burger 3506kj (V)	\$14.9
chicken & bacon sandwich 2401kj	\$15.9	lamb pita wrap 2613kj	\$15.9
steak sandwich 2707kj	\$16.9	chicken burger 2910kj	\$16.9

pizzas & pasta

hand stretched pizzas

bocconcini 3063kj (V)	\$12.9	carne 4043kj	\$14.9
bbq pollo 3713kj	\$14.9	hawaiian 3543kj	\$14.9
calamari chorizo 4568kj	\$15.9	agnello 4560kj	\$16.9
		gamberi 3899kj	\$18.9

pasta

carbonara fettuccine 3533kj	\$16.9
salmone fettuccine 3133kj	\$17.9
gamberi fettuccine 2533kj	\$17.9

hot drinks regular

espresso 0kj (L)	\$3.0	mocha 854kj	\$4.5
long black 0kj (L)	\$3.5	tea 88kj (L)	\$4.0
short macchiato 30kj	\$3.5	chai latte 863kj	\$4.0
long macchiato 46kj	\$4.0	dirty chai latte 834kj	\$4.5
piccolo 149kj	\$3.5	turmeric latte 680kj	\$4.5
cappuccino / flat white / latte 487kj	\$4.0	cherry mocha 1299kj	\$5.0
hot choc dark / white 941kj	\$4.0	lavender white choc 1408kj	\$4.5

extras your drink, just the way you love it!

upsized large	\$0.5	almond milk 180kj (L)	\$0.8
upsized grande	\$1.0	extra shot 0kj (L)	\$0.5
soy milk 343kj (L)	\$0.8	syrops from 385kj (L)	\$0.5
zymil 486kj (L)	\$0.8	ask at the counter for syrops available	

cold drinks

house-made soda punch (L) fresh fruit + flavoured soda water + ice \$6.9
strawberry lemonade / pink grapefruit / blueberry lavender / blood orange / lychee lemonade from 336kj

real fruit smoothies (L) from 783kj fruit juice + fresh fruit + blended ice \$7.9
anguria / tropicale / bacca / verde

iced ice cream + cream + chocolate flakes \$6.9
chocolate / coffee / mocha / strawberry / vanilla / caramel / chai from 1825kj

over ice poured over ice cubes \$5.5
latte / mocha / long black / chai from 674kj

frappés blended ice (L) \$6.9
mango / tropical / coffee / chocolate / mocha / chai / white choc / caramel from 1071kj

gourmet shakes blended ice + milk + ice cream \$6.9
chocolate crunch / vanilla marshmallow / salted caramel / pink berry / choc cherry from 2488kj

classic shakes blended milk & ice cream \$5.9
chocolate / caramel / strawberry / vanilla / coffee / mocha from 1454kj

juice by the glass (L) orange / apple / pineapple from 501kj \$4.0

spider soft drink + vanilla ice cream pepsi / lemonade from 983kj \$6.9

bottled drinks please see cold drinks display fridge for options from \$3.9

extras your drink, but even more delicious!

soy milk 343kj (L)	\$0.8	add ice cream 433kj	\$1.0
zymil 486kj (L)	\$0.8	syrops from 385kj (L)	\$0.5
almond milk 180kj (L)	\$0.8	ask at the counter for syrops available	
add cream 345kj	\$1.0		

(V) vegetarian / (GF) gluten friendly / (L) lactose friendly

The average adult daily energy intake is 8700kj